



SUGGESTED RESOURCE LIST

Since individual study is a major component of exam preparation, the *Suggested Resource List* is included to aid you in your preparation. This list is not all-inclusive, nor does it cover all exam items. The IBLCE recommends that candidates become familiar with a wide range of literature, scientific studies and journals, including material published outside their own countries. In addition to the listed books, it is useful to review good basic texts on child development, neonatology, prematurity, research methodology and statistics. Candidates should also be familiar with books written for mothers, particularly the mother-support literature which covers normal behavior, older babies and breastfeeding management in a range of situations. Inclusion on this list does not constitute an endorsement by IBLCE.

NOTE: The letters in brackets after a title in the alphabetical listing refer to those disciplines in the *IBLCE Exam Blueprint* which are well covered in that book or series. General lactation texts and practical breastfeeding management texts do not have *Discipline* references after them, since they cover a broad spectrum of topics.

GENERAL LACTATION TEXTS

Lawrence, R and Lawrence, R. *Breastfeeding: A Guide for the Medical Profession*: Elsevier Mosby, 6th Edition, 2005.

Riordan, J. *Breastfeeding and Human Lactation*. Jones & Bartlett, 3rd Edition, 2004.

PRACTICAL BREASTFEEDING MANAGEMENT TEXTS

Biancuzzo, M. *Breastfeeding the Newborn: Clinical Strategies for Nurses*. Mosby, 2003.

Brodribb, W. (ed) *Breastfeeding Management*. Australian Breastfeeding Association, 2004.

Hale, T and Hartmann, P. *Hale and Hartmann's Textbook of Human Lactation*. Hale Publishing, 2007.

Lauwers, J and Swisher A. *Counseling the Nursing Mother*. Jones & Bartlett, 4th Edition, 2003.

Mohrbacher, N and Stock J. *The Breastfeeding Answer Book*. La Leche League International, 2003.

The Royal College of Midwives, UK. *Successful Breastfeeding*. Churchill Livingstone, 2003.

Walker, M. *Breastfeeding Management for the Clinician*. Jones & Bartlett, 2006.

PROFESSIONAL TEXTS

Mannel, R; Martens, PJ; and Walker, M. (ed.) *ILCA Core Curriculum for Lactation Consultant Practice*. 2nd edition, Jones & Bartlett, 2007.

BOOKS OF CLINICAL PHOTOGRAPHS

Auerbach, K and Riordan, J. *Clinical Lactation: a visual guide*. Jones & Bartlett, 2000.

Wilson-Clay, B and Hoover, K. *The Breastfeeding Atlas*. 3rd edition. Lactnews Press, Austin Texas, 2005.

ADDITIONAL READING

AAP & ACOG. *Breastfeeding Handbook for Physicians*. 2006 (primarily for candidates who are physicians)

Allain, A and Chetley, A. *Protecting Infant Health: A Healthworker's Guide to the International Code of Marketing of Breast-milk Substitutes*. IBFAN, 2003. [J,M]

Greenhalgh, T. *How to Read a Paper: the Basics of Evidence-Based Medicine*. Blackwell Publishing, 2006. [I]

Hale, T. *Medications and Mothers' Milk* Hale Publishing, 2008 or biennial new edition. [F]

Hale, T and Berens, P. *Clinical Therapy in Breastfeeding Patients*. Pharmasoft Publishing, 2002 [F]

Hale, T and Ilett K. *Drug Therapy and Breastfeeding*. Pharmasoft Publishing, 2002. [F]

Hanson, L. *Immunobiology of Human Milk: How Breastfeeding Protects Infants*. Pharmasoft Publishing, 2004. [D]

Ivey, AE and Ivey, MB. *Intentional Interviewing and Counseling: Facilitating Client Development in a Multicultural Society*. 5th editions. Wadsworth, 2003. [G]

Lang, S. *Breastfeeding Special Care Babies*. Baillière Tindall, 2002. [most disciplines; chronological period: 2]

Merewood, A and Phillip, B. *Breastfeeding Conditions and Diseases*. Pharmasoft Publishing, 2001. [E]

Morris, S E and Klein, M D. *Pre-Feeding Skills - A Comprehensive Resource for Mealtime Development*. Therapy Skill Builders, 2nd edition, 2000. [A,C,E,G,H,L]

NHMRC. *Dietary Guidelines for Children and Adolescents in Australia Incorporating the Infant Feeding Guidelines for Health Workers*. Australian Government Printer, 2003.

Roberts, K and Taylor B. *Nursing Research Processes: An Australian Perspective*. Nelson, 2002. [I]

Shealy, K; Li, R; Benton-Davis; and Grummer-Strawn, LM. *The CDC Guide to Breastfeeding Interventions*. US Department of Health and Human Services, 2005. [M]

Shelov, S. *Caring for Your Baby and Young Child: Birth to Five Years*. AAP. Bantam Books, 2004. [H]

Stuart-Macadam, P and Dettwyler K, *Breastfeeding: Biocultural Perspectives*. Hawthorne, NY, 1995. [G]

Tappero, E P and Honeyfield M E. *Physical Assessment of the Newborn*. NICU Ink, 2003. [chronological periods 5& 6]

Watson, Genna, C. *Supporting Suckling Skills*. Jones & Bartlett. 2008 [A, E, H, L]

WHO. *The International Code of Marketing of Breast-Milk Substitutes: frequently asked questions*. 2006. <http://www.who.int/child-adolescent-health/> [M]

Wolf, L S and Glass R P. *Feeding and Swallowing Disorders in Infancy*. Psych Corp, 1992. [A,E,H,L]

SUGGESTED RESOURCE LIST



JOURNALS AND OTHER PROFESSIONAL PUBLICATIONS

Academy of Breastfeeding Medicine (ABM)

www.bfmed.org

Breastfeeding Medicine. Quarterly peer-reviewed journal
Clinical protocols available in several translations

Australian Breastfeeding Association (ABA)

www.breastfeeding.asn.au

Breastfeeding Review. Professional journal published twice each year.

Lactation Resource Centre. Subscription service that provides quarterly listings of the latest published research and journal articles; *Topics in Breastfeeding* papers and *Breastfeeding Review*.

International Breastfeeding Journal

www.internationalbreastfeedingjournal.com

IBJ is an open-access peer reviewed online journal.

International Lactation Consultant Association (ILCA)

www.ilca.org

Journal of Human Lactation. Quarterly peer-reviewed journal available by membership in ILCA.

Clinical Guidelines for the Establishment of Exclusive Breastfeeding. 2005. [chronological periods **5 & 6**]

Standards of Practice for International Board Certified Lactation Consultants. 2005. [**J**]

La Leche League International (LLLl)

www.llli.org

Breastfeeding Abstracts Quarterly annotated summary of important new research - by subscription from LLLI.

World Health Organization (WHO)

www.who.int and <http://www.who.int/nut/publications.htm#inf>

Complementary Feeding: family foods for breastfed children. WHO, Geneva, 2000. [**H**]

Evidence for the Ten Steps to Successful Breastfeeding. WHO, Geneva, 1998. [**M**]

Global Strategy for Infant and Young Child Feeding. WHO, Geneva 2003. [**M**]

HIV Transmission Through Breastfeeding. WHO, Geneva, 2004. [**D, M**]

Hypoglycaemia of the Newborn: Review of the Literature. Geneva, WHO 1998. [**B**]

International Code of Marketing of Breast-milk Substitutes. Geneva, WHO 1981. [**M**]

Nutrient Adequacy of Exclusive Breastfeeding for the Term Infant During The First Six Months of Life. 2002. [**C, H**]

Protecting, Promoting and Supporting Breastfeeding: The Special Role of Maternity Services. WHO/UNICEF Statement, 1989. [**M**]

Relactation: Review of experience and recommendations for practice. Geneva, WHO 1998. [**B**]